





# Topics we'll be covering:

- 1. How to post
- 2. How to add to your story
- 3. Likes, Reposts, and Hashtags



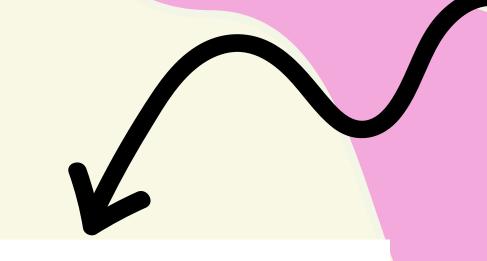




### Some Basics...



This is what the app looks like!



#### sex.ed.agram



**8** Posts

**49** Followers

**45** Following

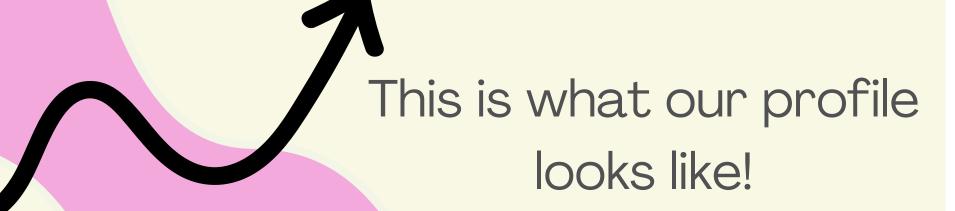
**Inclusive Sex Ed!** 

Positive, fun, and inclusive sex ed!

Content co-created by individuals with and without disabilities!

Learn more about us below!

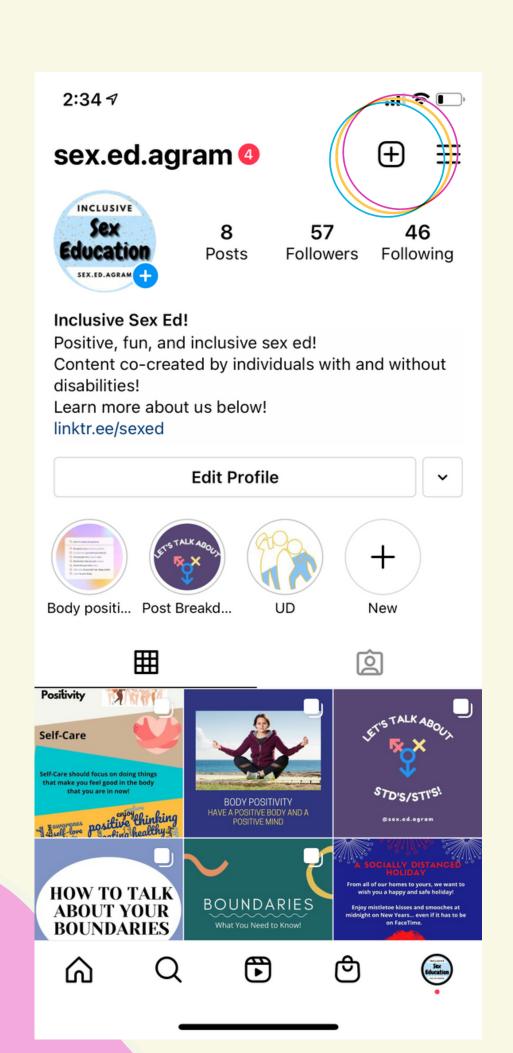
linktr.ee/sexed

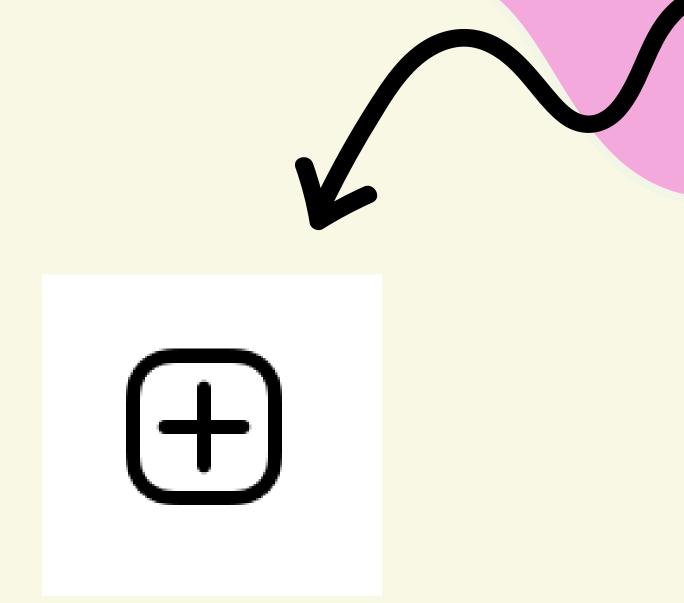




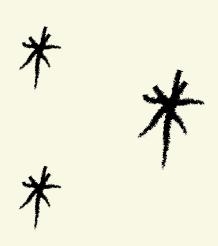


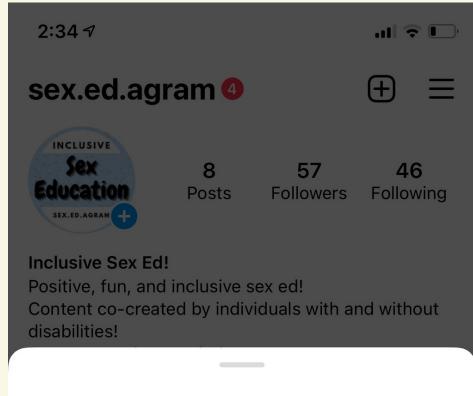


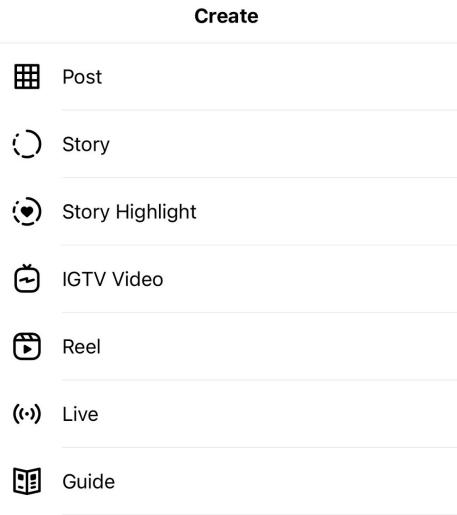




Click on the plus sign in the top right corner

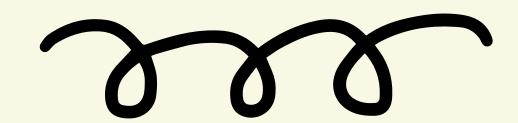




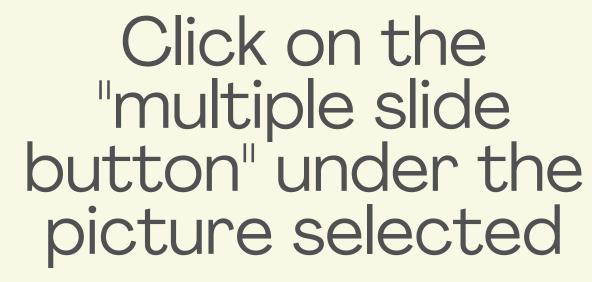


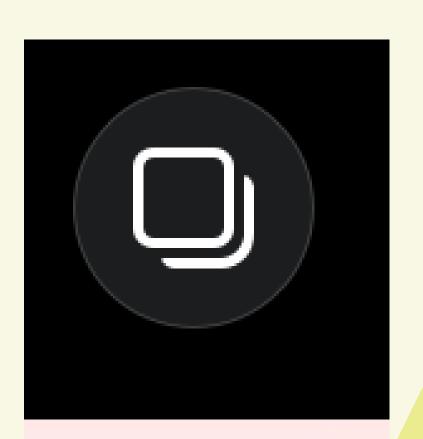
### Click on "Post," which is the first option

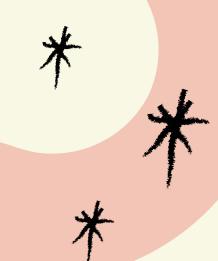
Post

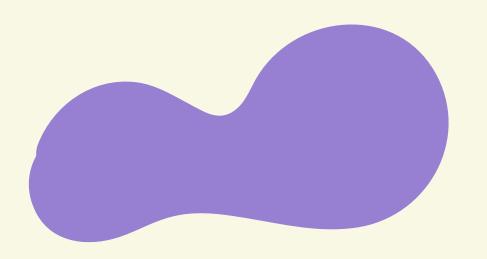








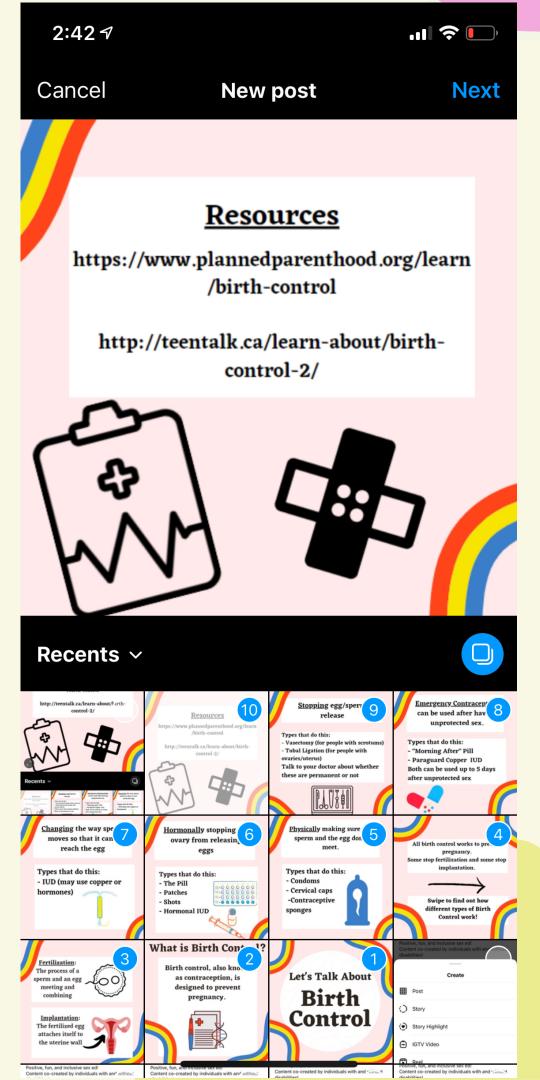






Select the pictures you want in the order you want



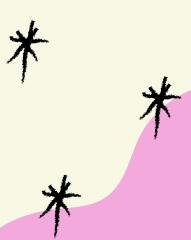


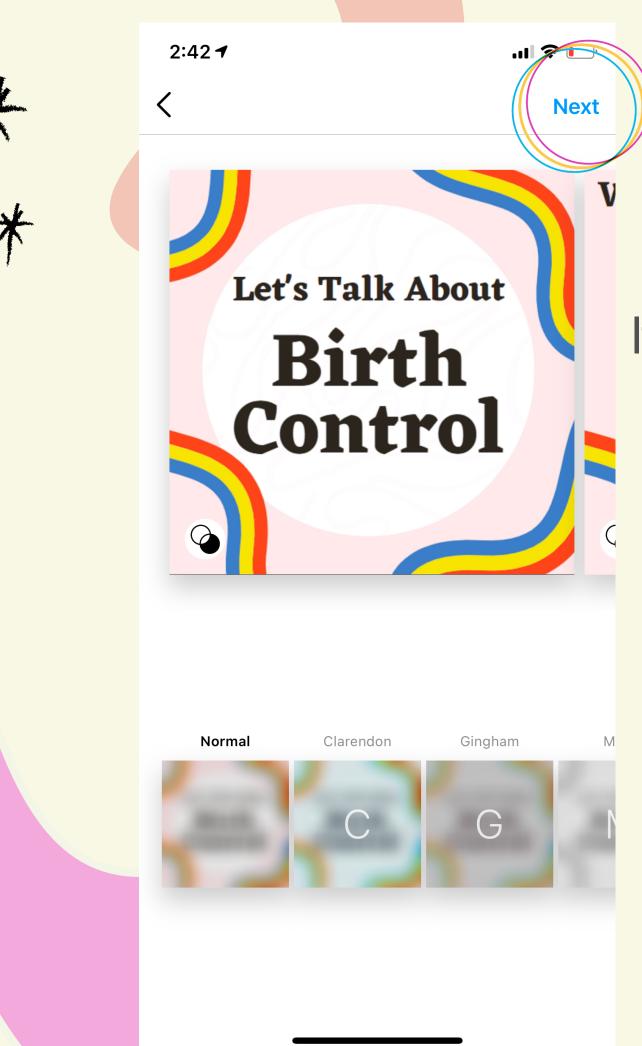




## Click the "Next" button int he top right corner

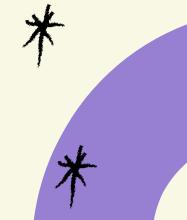


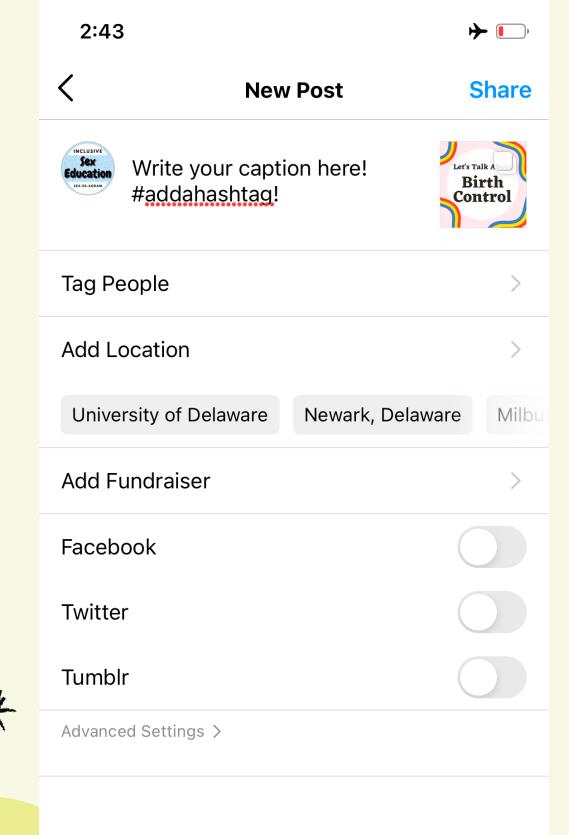




If you like the way it looks, click next!







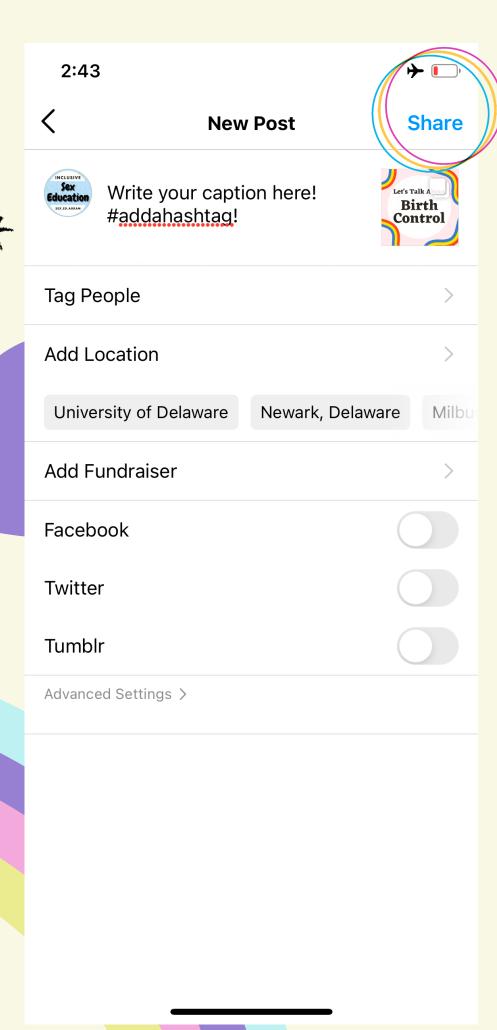
# Write your caption and add hashtags!











Click "Share" and you're all done!









**Edit Profile** 

BOUNDARIES

New

STD'S/STI'S!

Body positi... Post Breakd...

Positivity

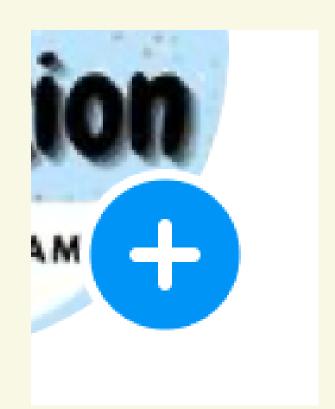
Self-Care

a savarenes positive thinking

HOW TO TALK

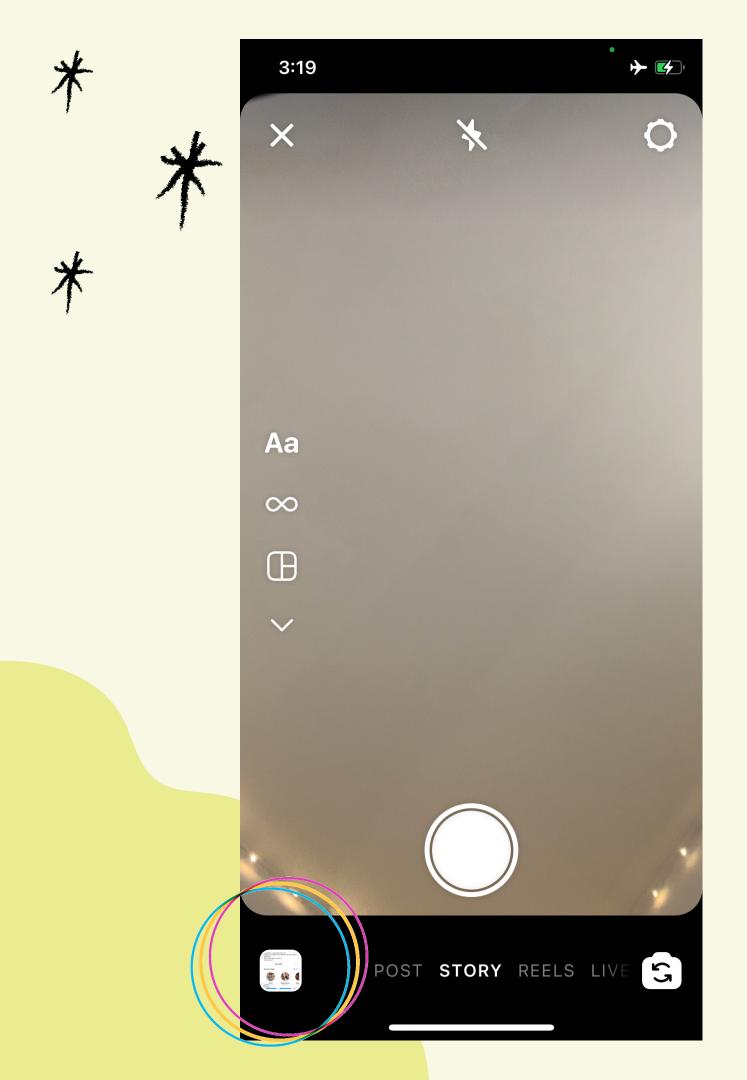
ABOUT YOUR BOUNDARIES

### Click the blue plus sign on your profile picture!

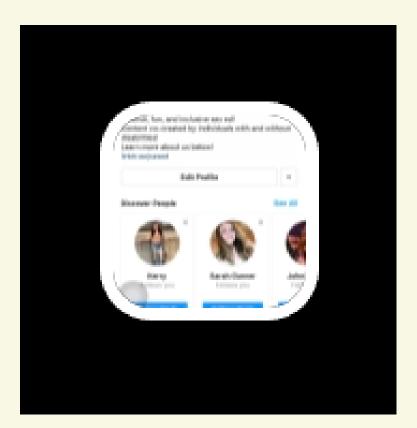


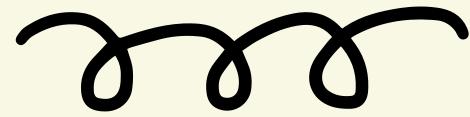


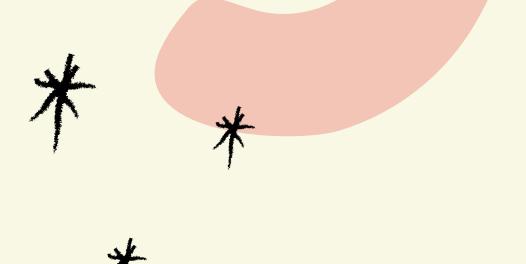




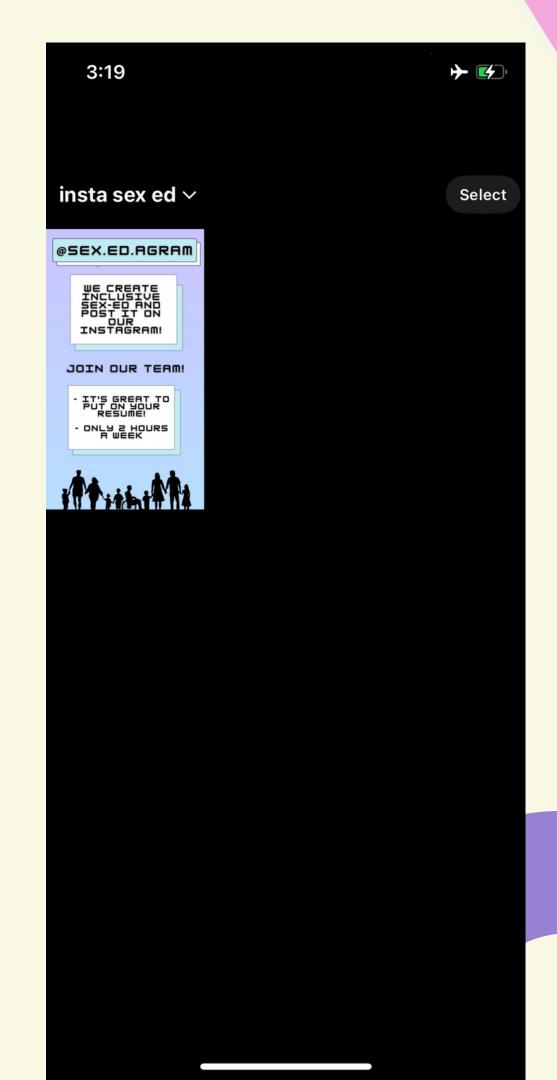
### Click on the photo in the bottom left corner







Select the photo you want













WE CREATE INCLUSIVE SEX-ED AND POST IT ON OUR INSTRERAM!

#### JOIN OUR TEAM!

- IT'S GREAT TO PUT ON YOUR RESUME!
- ONLY 2 HOURS



#### Click on your profile pic











8 58 45 Followers Following **Posts** 

#### **Inclusive Sex Ed!**

Positive, fun, and inclusive sex ed! Content co-created by individuals with and without disabilities!

Learn more about us below! linktr.ee/sexed

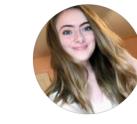
**Edit Profile** 



See All

#### **Discover People**























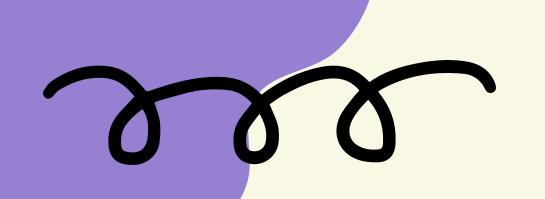


Kerry Sarah Garner John Follo Follows you Follows you **Follow Back Follow Back** Follo

When it posts, there should be a colorful ring around your profile pic







# Likes, Reposts, and Hashtags!

700









#### **UDELAWARE Posts**













 $\square$ 

udelaware Morris Library tranquility moment.

: @BlueHenElena

View all 8 comments

8 hours ago

### 

When you see a post you like, double tap on it!

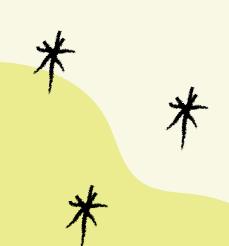
The heart under the post will turn red after you've liked it.

You can see how many other accounts like the photo

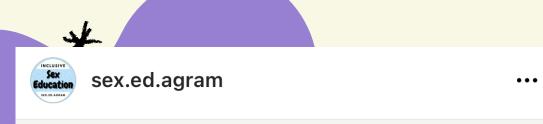


### Reposts

If you want to repost our posts on your story, it would help other people find our account!







Body Positivity



**Self-Care** 



Self-Care should focus on doing things that make you feel good in the body that you are in now!





### Reposts

Click the paper airplane button and then select "add to your story"







### Hashtags

Hashtags are key words that help people find our posts! When you use one, it puts your post into a group with a lot of other posts that are \* similar to yours!



### Some Hashtags that we use....

```
#disability #inclusion

#sexeducation #sexed #disabled

#sexuality #accessible

#diversifyyourfeed #disabilityrights

And many more!!!
```



